

Message from the President

December 2018

Jen Rieker rockyriverecpta@gmail.com

Happy Holidays! As the year draws to a close, I like to take a few minutes and look back. What an amazing year we have had! Our PTA could not enjoy its success without all the hard work of all the committee members and chairs.

There are so many people who have made the first half of the year great, but I'll just name a few from the past month. Jessica Massari and her auction team organized such an amazing and successful auction. If you attended, you know how may amazing baskets she put together and it raised the MOST amount of money for the PTA to date!!!!! Truly an amazing night, that was enjoyed by all!

We enjoyed a magical trip on the Polar Express thanks to Alicia Nevin and Kim Steffan. Jennifer Barnes and Kelly Frindt were absolute rock stars with All Aglow and the Tree Lighting. Brooke Galluci and Melissa Mayer helped us get our homes ready with centerpiece and wreath classes. And, the holidays cannot pass me by without thanks to Kelci Cotter and Krystal Massey for organizing the Santa Visits. Years from now, when our children are celebrating holidays with their children, I bet that they will remember these events as the highlights of their childhood. It is amazing to think that we are creating lifetime memories!

I am truly thankful for all of your support and dedication to the ECPTA. I am thankful for the friendships I have made within this group, and I am humbled by your involvement and enthusiasm. Thank you for all that you do and all that you are.

Wishing you and your families a very Happy Holiday Season! Jen Rieker

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Maggie Male <u>rrecptanewsletter@gmail.com</u>

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DECEMBER 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5 6P: FT Over the Moon Stu- dio	6	7 945A: FT Children's Museum 2P: HRR Anti-Inflam Talk	8
9 ** Last day for Twice- Blessed Free Store Donation Drop-Off	10 1230P: FT Playground World	11	12	13 230P: FT Little Gym 7P: Mom's Holiday Party	14 10A: CIYC LENSC	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31 630P: RR Rec New Year's Eve Skate					

JANUARY 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	6		2	3	4	5
6	7	8 Bring Cleve APL Items! 6P: Board 7P: Sign-ups 7:30P: General	9	10	11 Bring Cleve APL Items! 5P: Pool Party	12
13 1P: FT to Disney on Ice	14	15 6P: AW Trivia Night at Sib- ling Revelry	16	17 7P: HRR Intro to Intuitive Eating	18	19 6P: AW Supper Club at Gathering's Kitchen
20	21 930A: FT to Peace, Love, & Little Donuts	22	23	24	25	26
27	28	29	30	31 530P: FT to Young Chef's Academy		

VP of Programs

Emily Richmond

rrecptavpprogramsgmail.com

There will be no general meeting in December. We will instead be getting together for a holiday party on **December 13th**. You should have received an invite with all the information! It's always a fun night for members so we hope to see you there.

Our 2019 meetings are scheduled for January 8th, February 12th, March 12th, and April 9th. Make sure you mark them in your calendars! Remember, you need to have attended at least 4 meetings to be included in the scholarship drawing. Even if you haven't been able to make a meeting, there is still time! We have some great speakers lined up for the winter/spring meetings.

Winter Wiggles Party

Coleen Fisher

coleen.vossler@gmail.com
Brandy Chittester
bnsmith79@gmail.com

The original venue has decided that they are unable to host us this year. We are actively searching for alternate venues and are optimistic that we will be able to still accommodate the original party date of February 22nd.

Please stay tuned for more information!

VP of Parties

Cathleen Grossman rrecptavpparties@gmail.com

Get ready for a warm up in January! The annual **Pool Party is January 11th at the Rec Center**, and it promises to be a great break from the cold.

Please watch for updates about the annual Winter Wiggles party. Due to unforeseeable circumstances, the details are not yet set in stone. Rest assured, the team is working hard to organize the best Winter Wiggles yet!

Hope to see everyone at the Moms' Holiday Party at The Market on December 13th at 7:00pm. Don't forget to RSVP! And please remember to bring a small gift (\$10 max) for a fun gift exchange. Time to get in the spirit of the season!

Happy holidays to you and yours!

Treasurer

Liz Kasnekaw rrecptatreasurer@gmail.com

Balance on Hand

(as of 10/01/2018) **\$ 11,956.16**Receipts (+): **\$** 4,587.37
Disbursements (-): **\$** 3,727.11

Ending Balance

(as of 10/31/2018) **\$ 12,816.42**

Further Detail of Account Available Upon Request.

Community Service

Maggie Male & Daina Grimaldi rrecptacommunityservice@gmail.com

Throughout the month of January, we will be collecting items for the Cleveland APL. Do you have any towels that your kids have outgrown (or that you are looking to replace)? The APL can give these towels a second life. Also, please feel free to bring any other APL Wish List Items to donate (they do accept used items too):

Hand Sanitizer	Small Animal Food	Bleach	
Cat Carriers	Pet Nail Trimmers	Automatic Dish Washing Liquid	
Dog Treats	Dog Grooming Tools	Laundry Detergent for HE Washers	
Plastic or Wire Dog Crates	Towels	Clean Newspaper or Butcher Paper	
Non-Dust Cat Litter	Cat/Dog Toys		

Please bring any used towels and wish list items to the January 8th meeting or to the January 11th Pool Party. Donation drop-offs also welcome at 21484 Kenwood Avenue, Rocky River. Leave donations in the brown bin on the patio! Thank you for your donations!

Winter Pool Party

Ginenne Clark ginennel@yahoo.com & Mary Lakarosky mayer.mary1@gmail.com

Dig out your swimsuits for the RRECPTA indoor Pool Party at the Rocky River Rec Center. Join us for free pizza and water fun on Friday, January 11th from 5:00 to 8:00pm.

A suggested donation to the Cleveland APL is appreciated. Please feel free to bring any gently used towels you no longer need or any other APL Wish List Items (in the community service section above) to donate (they do accept used items too). Thank you for your support!

Happy Birthday!

CC Zerbey	12/2	Ka <mark>tie Kuh</mark> n	12/15	Jessica Wilson	12/28
Megan Rin	12/2	Erin Clark	12/17	Courtney Hanzal	1/??
Carolyn Castovince	12/3	Noel Allender	12/19	Heather Englander	1/2
Katy Serrianne	12/5	B <mark>rooke Gallu</mark> cci	12/19	Kristen Haning	1/2
Michelle Fritz	12/8	Katie Edwards	12/24	Laura Hood	1/5
Melissa Mayer	12/10	Suzanne Sylvester	12/25	Ann Butler	1/9
Laura Hummer	12/13	Kate Cieply	12/25	Carla Thompson	1/10

The Twice Blessed Free Store of Rocky River United Methodist Church serves, on average, about 90 families from Greater Cleveland nearly every Saturday of the year. Almost 10 of those families are new to TBFS each week! During the holiday season, TBFS collects new unwrapped toys for area families. Please consider donating items from the new toy list.

Get your children involved and have them pick toys out at the store and give the toy to Santa! Share the spirit of giving with your kids!

If you are participating in the toy donation for Twice Blessed Free Store, you may:

- Bring your donation to All Aglow on Friday, November 30th
- Take your donation to Maggie Male at 21484 Kenwood Ave, Rocky River by Sunday, December 9th
 - Give your donation to Santa during your visit anytime this holiday season

Preferred New Toy List for Christmas Toy Drives

Benefiting the Children (ages 0-12) of Twice Blessed Free Store Families

- Baby Dolls (multiethnic)
- Barbie Dolls (multiethnic)
 - Basketballs
 - Cars & Trucks
- Children's Board Games
- Craft Kits for 8-12 year old Girls
 - Footballs
- Lego Sets for 8-12 year old Boys
 - Marvel/DC Toys
 - Matchbox/Hot Wheels Cars
- Shower Gel/Body Lotion (older Girls & Boys)
 - Soccer balls
 - Star Wars Toys
 - Toddler Tovs
 - Toddler Wooden Puzzles

All Toys should be <u>unwrapped</u>. You may provide Gift Bags, Tissue, and/or Wrapping Paper separately. No stuffed animals, please.

THANK YOU FOR SUPPORTING THE FAMILIES OF TWICE BLESSED FREE STORE!

Healthy Rocky River

Erin Arra erin.arra@gmail.com

We will share upcoming events in the monthly newsletter to make sure everyone is informed of local healthy activities and talks. If you know of any upcoming events, please let me know!

The Anti-Inflammatory Lifestyle Prescription Friday, December 7th from 2-3pm

Fairview Hospital Wellness Center – Free Fairview Hospital Wellness Center

Inflammation is an integral part of a healthy immune system in times of trauma but constant, chronic inflammation is harmful to human health. Join registered dietitian Lindsay Malone as she reviews the role of diet and lifestyle in reducing and preventing chronic inflammation. Advance registration is required.

Introduction to Intuitive Eating Thursday, January 17th from 7-8pm Rocky River Public Library – Auditorium – Free

Join Kristen Murray, Registered Dietitian, to learn how Intuitive Eating can help you create a positive relationship with food and body. She will give an overview of the Intuitive Eating principles and how to apply them to your life. Learn to eat in a way that

to apply them to your life. Learn to eat in a way that is satisfying while being present to your body's needs without guilt.

Come If You Can (CIYC) Playdates

Jacke Wiedemer

jacke.wiedemer@hortonww.com

Meryl Baskin

Merylbaskin@gmail.com

All CIYC Playdates are fun, relaxed meet-ups. There is no need to RSVP; just Come If You Can! CIYC playdates will primarily be advertised and updated on Facebook. Most dates/times are weather permitting.

All P<mark>la</mark>ydates are at 10AM.

December 14th - Lake Erie Nature & Science Cen- ter	January 18th - Kids Play (Pin Oak Pkwy Avon Lake)
February 15th - Little Explorers, Great Northern Mall	March 15th - Rocky River Li- brary
April 19th - Elmwood Park	May 17th - Rocky River Park

Sunshine Committee

Rachael Stafford & Kacie Baon rrecptasunshine@gmail.com

- Kristin Ferguson had a baby boy, Francis (Frankie) Wade, who was born on October 11th.
- ♦ Christine Knific had a baby boy, Ben, who was born on October 26th.
- ⋄ Erin Clark had a baby girl, Clara Evelyn, who was born on October 26th.
 - ★ Katy Serrianne had a baby boy, Luc, who was born on November 4th.
- Liesl Glover had a baby boy, Anders Maxwell, who was born on November 6th.
- Danielle Stuhr had a baby boy, Sam Richard, who was born on November 14th.

If you are someone expecting a baby and would like a meal delivered to you and your family OR if you are someone who would like to deliver a meal to a family with a new baby in their home, please let us know using our form: https://www.rrecpta.org/sunshine-committee/

December & January Field Trips

rrecpta.fieldtrips@gmail.com

Get ready to mark your calendars! Listed below are field trips planned for the month. Sign-ups start at the PTA general meetings and can be paid for with cash or check. The trips with limited space are available on a first come, first serve basis. After the meeting, you can sign-up and pay at http://rrecptaevents.bigcartel.com/.

Little Gym of Rocky River @19885 Center Ridge Road, Rocky River Thursday, December 13th, 2:30-3:30pm

Join us for some play time at The Little Gym! The staff will lead us through some dance, movement, and tumbling activities and then free play!

-Cost is \$5/child

RSVP by December 3rd

Disney on Ice

Sunday, January 13th, 1pm

Quicken Loans Arena

Your favorite Disney characters and stories brought to life with the artistry of ice skating to create an unforgettable family experience.

-Cost is \$38/ticket

RSVP by Dec. 2, 2018

Peace Love & Little Donuts

Monday January 21st (MLK Day - kids off school), 9:30-10:30am

3786 Rocky River Dr, Cleveland, OH 44111

We'll visit this groovy donut shop and learn how they're made! Each child will get to hand dip and decorate their own donuts!

-Cost is \$8/child (includes 2 little donuts and a drink) - limit 20 children

RSVP by January 7th

Young Chef's Academy

Thursday January 31st from 5:30-6:30pm

14759 Pearl Rd, Strongsville, OH 44136

Bring your "little chefs" to explore their culinary curiosities in a fun, safe environment. We will

be making pizza!

-Cost is \$10/child - limit 20 children

RSVP by January 17th



Adult Wellness

Melissa Mayer mel-rowe@hotmail.com & Brooke Gallucci brooke.gallucci@gmail.com

We have a couple of January events lined up to kick those winter, post-holiday blues.

Trivia Night at Sibling Revelry

Tuesday, January 15th from 6-8pm

Come show off all the useless information you store in your brains while bonding with your fellow RRECPTA ladies!

Then, back by popular demand, one of January's Adult Wellness events will be Supper Club at Gathering's Kitchen. If you're not familiar, Supper Club is an intimate and unique dining experience. You'll participate in two-hours of hands-on cooking and then enjoy the fruits of your labor during a sit-down, full-service, 4-course dinner... the very one you just made! With a dash of cooking and a pinch of connecting, our Supper Club is the perfect recipe for picking up some new cooking techniques and enjoying a Friday night with friends. Class is limited to 16 guests. Sign up will be at the next meeting so bring your pocketbook as this event is hot, hot, hot!! We are offering two dates as this is a popular event

Date: January 19th and/ or February 2nd at 6pm
Gathering's Kitchen, 17004 Madison Ave, Lakewood, OH 44107
Cost \$85/person
Menus for each night to be determined via Facebook Event soon...stay tuned.

Rocky River Recreation Center

NEW YEAR'S EVE FAMILY SKATE!

Come and skate your way into the New Year!

Bring your friends and family to the Hamilton Ice Arena (21016 Hilliard Boulevard, Rocky River) on December 31st from 6:30-9:00 pm for our New Year's Family Skate!

Admission: \$5 per person \$25 family maximum

Free skate rental while supplies last!

Click here for additional information.